Braves Athletics – 2013-14 Student Athletes

Sports Medicine Required Pre-participation Procedures

We are getting ready to send out the invitations to create your digital health record with Cerner and Healthe Athlete. You should be receiving an email to your student email address from jennifer.raybern@ottawa.edu in the next week that will give you information about the Healthe Athlete stuff. This will include a "shared secret" that you will need to accept your invitation from Cerner. Please look at the checklist below to make sure that you complete everything needed to be cleared for participation in the upcoming year.

1) **Medical History and Athlete Information forms:** This will be done using Healthe Athlete. Read the email from us about the process and get your shared secret. Look for an email from heaoperations@cerner.com in the next two weeks that will instruct you on how to create your Healthe Athlete profile and record. You will need to cut and paste information from this email as well as using the shared secret from the first email. All athletes will need to complete the form with contact info, insurance info and emergency contact info. You will also need to complete either the New Athlete or Returning Athlete form depending on your status at OU. Finally in July, there will be another form added, that includes a HIPPA release, a release to treat, and an acknowledgement of risk.

2) We will have **Orthopedic Screenings** on **Sunday, July 14 and Sunday, August 4**. Both will be from 4:00 – 7:00 p.m. and start in the Hull Center for Athletics lobby. You must complete the screening at one of these two dates or during Orientation Weekend right before school starts. You can have your insurance card scanned here. All athletes will have a general and ortho screen done and new athletes will do concussion baseline tests.

3) **Athlete Physical:** New athletes need to have a current sports physical exam performed by an MD or DO only. This physical must be current so **physicals need to be completed after April 1, 2013**. The OU Athlete Physical form is available on the athletic website.

4) All students need to have their current **primary insurance card scanned** by athletic training staff. This can be done at New Student Registrations hosted by Admissions, at Orthopedic Screenings, in the Hull Center for Athletics training room and on the day you report to campus. You must have an actual card, not a photocopy to scan.

You must complete all forms on the Healthe Athlete site by August 1. New Students also need to turn in their completed physicals by August 1. You will not be able to participate in any athletic-related activity until you have done all four items listed above.

IMPORTANT NOTE: If you have not completed the Healthe Athlete forms and the athlete physical by August 1, you will not be allowed to start practices with your team.

If you have questions about these requirements or if you do not receive the emails about the Healthe Athlete stuff, please contact Head Athletic Trainer Jennifer Raybern at 785-248-2627 or jennifer.raybern@ottawa.edu.