

**MEAL PLAN ACCOMMODATION VERIFICATION**  
*TO BE COMPLETED BY TREATING HEALTHCARE PROVIDER*

Student name: \_\_\_\_\_ Student DOB: \_\_\_\_\_

Name of Health Care Provider and business: \_\_\_\_\_

License Number and state: \_\_\_\_\_

Credentials and specialty: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**INSTRUCTIONS**

The purpose of this form is to document and assist Ottawa University in supporting students with disabilities with reasonable meal plan accommodations and by providing equal access to the University's dining plan and facility. The residential campuses require all full-time students to have a meal plan. However, occasionally students have dietary limitations based on documented health concerns which might require reasonable accommodations to the meal plan. **Under the Americans with Disabilities Act (ADA), a person is defined as someone who has a physical or mental impairment that substantially limits one or more major life activities.** It is important to note that this is a legal definition, not a medical definition.

Please fill out the form only if you have knowledge based on your professional relationship with the student. This form may be given directly to the student to turn in or may be sent to the ADA/504 Coordinator, Carrie Stevens, at [carrie.stevens@ottawa.edu](mailto:carrie.stevens@ottawa.edu). Please call if you have any questions: 785-248-2326.

**PLEASE SUBMIT ANSWERS TO THE FOLLOWING QUESTIONS**

Based on the definition above, is this student a person with a disability? If yes, please state the medical diagnosis or condition.

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Is this condition permanent? If not, what is the expected duration?

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Was this diagnosis made by you? If yes, please state the date of diagnosis. If no, please state the name of the medical professional who provided the diagnosis.

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How long has this student been under your care? \_\_\_\_\_

What is the date of your most recent evaluation of this student? \_\_\_\_\_

Please describe the type, severity, and frequency of symptoms experienced by this student and how the disability interferes with the student participating in the University's meal plan and/or eating in the University's dining facility. If more space is needed, please attach a separate document or use the bottom of this form.

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Please specify the level of sensitivity for all food allergies (*life-threatening anaphylaxis OR high-sensitivity/no anaphylaxis*). Note each allergen under the sensitivity and contact level. For example, if the student has a life-threatening allergy to nuts that can be triggered by airborne contact as well as cross-contamination, you will list "nuts" in section A, under both contact categories. If the student only has a high sensitivity to nuts when consumed, you will list "nuts" under section B, under the contact category for ingesting food. Please explain where necessary. Please provide an additional sheet if necessary (or use the extra space at the end of this form).

- A. List all allergens causing **life-threatening anaphylaxis (student carries epi-pen)**  
(please list all allergens in this category and note which contact applies.

Due to airborne contact:

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Due to cross-contamination:

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Due to ingesting food only:

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Other (please specify allergen and sensitivity):

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B. List all allergens causing **High Sensitivity, no anaphylaxis** (please list all allergens in this category and note which contact applies.

Due to airborne contact:

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Due to cross-contamination:

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Due to ingesting food only:

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Other (please specify allergen and sensitivity):

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Describe the requested meal plan accommodation. Please explain how the requested accommodation is necessary to allow equal access to the University's meal plan and facility.

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Additionally, mark all that apply if this request is made based on food allergies and/or limitations:

- gluten-free diet
- dairy and lactose-free diet
- specialized diets for gastrointestinal diseases (e.g. Crohn's, Celiac, IBS, etc.)
- menu-planning consolation with Dining Services staff
- Other (please specify and describe any modifications you believe are necessary)

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If applicable, please provide a list of all foods that must be avoided (categories and/or foods).

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Please provide any additional information that may be helpful:

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