

GUIDELINES APPLY TO ALL OTTAWA UNIVERSITY COMMUNITY MEMBERS

- 1. We expect all members of our campus communities (students, faculty and staff) to be fully vaccinated as soon as individuals are able to do so. If you HAVE NOT yet been fully vaccinated, please continue to use a mask on our campuses in all locations (indoors and outdoors) until you are able to do so.**

As communicated by the CDC Director, Dr. Rochelle Walensky, most new infections in the U.S. continue to be among unvaccinated people. So-called breakthrough infections, which generally cause milder illness, can occur in vaccinated people. When earlier strains of the virus predominated, infected vaccinated people were found to have low levels of virus and were deemed unlikely to spread the virus."

Walensky additionally communicated the following, "but with the delta variant, a mutated and more transmissible version of the virus, the level of virus in infected vaccinated people is "indistinguishable" from the level of virus in the noses and throats of unvaccinated people."

- 2. Masks are REQUIRED INDOORS, on All OU Campuses**

- ▶ Specific exemptions do exist for those with medical conditions as negotiated with the campus Covid-19 contact/HR Department.
- ▶ Specific groups may have more specific guidelines: residence halls, athletics, and large events.
- ▶ Private offices/spaces are exempt when access is restricted

The Centers for Disease Control and Prevention issued new guidance on Tuesday (July 27, 2021) recommending "indoor mask use in areas with high transmission rates after new data suggested fully vaccinated individuals are not just contracting Covid-19 but could potentially infect others" (see [cdc.gov](https://www.cdc.gov) for more detail).

Therefore, because our campuses are designated as high or substantial transmission rate areas, we must return to indoor mask use.

- 3. Continue to Practice Good Hygiene**

- ▶ Wash your hands, especially after touching frequently used items or surfaces
- ▶ Avoid touching your face
- ▶ Sneeze or cough into a tissue or inside your elbow
- ▶ Disinfect frequently used items and surfaces as much as possible
- ▶ Use face coverings while in ALL campus buildings

- 4. Any Member of the Community Who Feels Sick Should Stay Home and Don't Go to Work or School**

- ▶ Don't go to work or school
- ▶ Contact and follow the advice of your medical provider.
- ▶ Stay home until you have been symptom free for 72 hours without the use of medications

- 5. Any member of the OU community who believes they have been DIRECTLY exposed to Covid-19 (whether confirmed or not) should inform their designated campus Covid-19 contact team/person immediately (and their manager in the case of an employee) and cooperate in preparing a contact list of all direct contacts for notification in cooperation with your campus Covid-19 contact.**

If a member of the community is DIRECTLY exposed or presents with symptoms of Covid-19, the individual must quarantine immediately. Where possible, the individual should be tested for Covid-19.

Your designated campus Covid-19 contact team/person will steer you to the right place for testing – or you can contact your state or local Health Department for more information. The PCR is the best viral test for accurate test result. It is best to wait 5 days minimum, from known exposure, before being tested.

It typically takes 5 days or so (from exposure) for symptoms to present themselves and/or for an individual to become infected with the virus.

CDC DEFINITION OF "DIRECTLY EXPOSED" OR "CLOSE CONTACT"

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

Pursuant to CDC Guidelines, if the individual is over the age of 65 or has an underlying medical condition, they are encouraged to work with the University to explore alternatives that best suit their needs. Employees should discuss their needs with their manager and the supervisor will work with the HR Department to define a plan that best works for the employee in their role with the University.

CAMPUS COVID-19 CONTACT INFORMATION

CAMPUS	CONTACT	EXTENSION	DIRECT DIAL
Overland Park Campus	Chad Taldo	Ext. 18637	913-266-8637
Wisconsin Campus	Brian Patterson	Ext. 35106	262-785-5106
Surprise Residential Campus (Student)	Kevin Andres	Ext. 27541	623-233-7541
Arizona Campuses (Phoenix Students / All Employees)	Keith Johnson	Ext. 27553	623-233-7553
Ottawa Residential Campus (Student)	Health Services Office	Ext. 12330	785-248-2330
Ottawa Residential Campus (Employees)	HR Department	Ext. 12350	785-248-2350

QUARANTINE INSTRUCTIONS

Negative Test Result - Tested Due to Direct Exposure

When an individual is directly exposed to a person who has tested positive for Covid-19, they must quarantine for 10-days from date of exposure even if they themselves have tested a minimum of 5 days after the date of exposure and the test result was negative.

NOTE: The diagnostic Covid-19 test does not prove an individual is positive or negative at the time the test is administered. A negative test does not indicate immunity or past infection. An individual can become infected after the test is administered so be aware of and monitor symptoms throughout the entire 10-day quarantine.

Negative Test Result - Tested Due to Symptoms

When an individual is tested due to present symptoms but has had NO KNOWN exposure to a Covid-19 positive case, the individual should quarantine until they are at least 72-hours symptom free.

Positive Test Result - Tested Due to Symptoms

An individual who tests positive must quarantine for at least 10-days post symptom onset and until 72-hours symptom free.

Positive Test Result - No Symptoms

An individual who tests positive but has no symptoms must quarantine for at least 10-days post-test date. If any symptoms appear during the 10-day period, the individual must quarantine for 10-days post symptom onset and until 72-hours symptom free.

Not Tested - Direct Exposure/No Symptoms

An individual who is directly exposed to a person who has tested positive for Covid-19, and does NOT get tested themselves, must quarantine for 14 days from exposure and be symptom free prior to returning to their work/school normal routine.

Not Tested - Direct Exposure/Develops Symptoms

An individual who is directly exposed to a person who has tested positive for Covid-19, does NOT get tested themselves, and develops symptoms during the quarantine period, should seek direction from a medical provider to determine next steps. In all cases, the individual must quarantine for 14 days from exposure and be symptom free for 72 hours prior to returning to their work/school normal routine.

CDC Guidance Related to Quarantine Rules for Individuals Who Have 1) Previously Tested Positive for Covid-19; or 2) Have Been Fully Vaccinated for Covid-19

Individuals who:

- ▶ Have tested positive for Covid-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.
- ▶ Develop symptoms again within 3 months of their first bout of Covid-19 may need to be tested again if there is no other cause identified for their symptoms.
- ▶ Have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease and show no symptoms. The individual must get tested 3-5 days after the date of exposure even if they do not show symptoms.

Individuals Who Have Previously Tested Positive for Covid-19 (follow CDC Guidelines above).

Individuals Who Have Been Fully Vaccinated for Covid-19 (follow CDC Guidelines above)

Fully Vaccinated = Once 14 Days Have Passed Since Receiving the Final Vaccine Dose.

INTERNATIONAL TRAVEL

Ottawa University supports the following CDC guidelines if you choose to travel internationally. Follow these CDC recommendations upon your return (July 26, 2021).

International travel poses additional risks and even fully vaccinated travelers are at increased risk for getting and possibly spreading new Covid-19 variants.

CDC recommends delaying international travel until you are fully vaccinated. Follow CDC's after international travel recommendations.

DOMESTIC TRAVEL

Ottawa University supports the following CDC guidelines if you travel domestically. Follow these CDC recommendations upon your return (June 10, 2021):

Delay travel until you are fully vaccinated. If you are not fully vaccinated and must travel, follow CDC's recommendations for unvaccinated people (see CDC.gov for details).

People who are fully vaccinated with an FDA-authorized vaccine or a vaccine authorized for emergency use by the World Health Organization can travel safely within the United States.

CDC will update these recommendations as more people are vaccinated, as rates of Covid-19 change, and as additional scientific evidence becomes available.